

Student Placement Opportunity: Student Counsellor

Important placement details:

- Starting Fall 2017 or Winter 2018, for 8 months;
- Required evening attendance on Wednesdays from 3 to 8:30pm, but otherwise placement days and hours will be determined with the student.

Description

Name of Program or Service:

Family Service Toronto Counselling Unit

Goal of the position:

To provide counselling and psychotherapy support services to adult individuals and couples who live or work in the City of Toronto, through our Counselling Services and Walk-In Counselling service.

Specific Duties:

Offer brief and longer term counselling services, including conducting initial assessments, weekly counselling sessions, providing information and referrals and facilitating termination, with clients of the Counselling Unit

Offer single session counselling, crisis intervention and information and referrals to clients of the Walk-In Service, at times using a co-counselling model

Complete clinical documentation including assessment summaries, session notes, closing summaries and communication records, in a timely manner, using a computer database program

Work collaboratively with other members of the clinical team, including staff, students and counselling volunteers through informal case consultation and attending monthly clinical team meetings

Meet regularly with clinical supervisor to review clinical work and pursue learning goals, attend student orientation sessions and complete relevant reading or view training videos as required

Client Population:

Adult individuals and couples who live or work in the City of Toronto, some of whom are vulnerable people*.

*Vulnerable people includes children; youth; senior citizens; people with physical, developmental, emotional, social or other disabilities; and will also include people who have been victims of crime or accident; those who are addicted or dependent on addictive substances; and those who are otherwise left with little or no defence against persons who would harm them.

Requirements

Skills that student must possess:

Enrolled in a recognized Master's level clinical training program (e.g. MSW, Counselling Psychology, M.Ed.);

Excellent oral communication skills in English and good writing abilities;

Some experience working with individuals and/or couples in a counselling capacity;

Ability to work with marginalized persons from a client-centred, empowering, and strengths-based approach;

Ability to maintain boundaries with clients and provide time-limited counselling services;

Demonstrated commitment to equity, inclusion and cultural competence.

Skills that would be an asset:

Some clinical knowledge and skills in at least one of the following: brief counselling, narrative therapy, sensorimotor psychotherapy or some other trauma-based modality that includes mindfulness and somatic interventions; other practice-based clinical interventions

Some clinical experience in crisis intervention, safety planning, and suicide and risk assessments

Ability to empathize and maintain mindful awareness of one's own internal experience while conducting therapy

Good knowledge of community resources in the City of Toronto

Fluency in another language in addition to English would be an asset.

Additional Comments:

Benefits to the student include:

Opportunity to gain clinical experience, skills and knowledge in counselling through collaboration with a clinical team.

Opportunity to develop knowledge of community resources and clinical resource materials

Clinical experience with diverse clients and issues

References may be provided upon successful completion of the student commitment

Level of Risk:

High (opportunity to be alone with or exert influence over vulnerable people)

<p>Student Responsibilities:</p> <p><input checked="" type="checkbox"/> Individual Counselling</p> <p><input checked="" type="checkbox"/> Couple Counselling (optional)</p> <p><input type="checkbox"/> Family Counselling (optional)</p> <p><input type="checkbox"/> Group Counselling (optional)</p> <p><input type="checkbox"/> Community Work</p> <p><input type="checkbox"/> Home Visits</p> <p><input type="checkbox"/> Research</p> <p><input type="checkbox"/> Program Evaluation</p> <p><input checked="" type="checkbox"/> Administrative Work</p> <p><input type="checkbox"/> Advocacy</p> <p><input type="checkbox"/> Policy Work</p> <p><input type="checkbox"/> Media/Marketing/PR</p> <p><input type="checkbox"/> Other, please specify:</p>	<p>Does this placement require...</p> <p><input checked="" type="checkbox"/> Criminal Record Check</p> <p><input checked="" type="checkbox"/> Vulnerable Sector Search</p> <p><input type="checkbox"/> Driver's License</p> <p><input type="checkbox"/> Use of own Car</p> <p><input checked="" type="checkbox"/> Evening Attendance: Wednesday evenings</p> <p>Location of Placement: 128 A Sterling Rd.</p>
<p>Field Instructor(s):</p> <p>1. Oona Fraser. M.A., R.P., Counsellor and Walk In Service Co-Lead</p> <p>2. Alena Smith, M.Ed., Counsellor and Walk In Service Co-Lead</p> <p>3. Claudia Venegas, M.Psy., Counsellor and Walk In Service Co-Lead</p>	
<p>Field Instructor's Academic and Experience Credentials:</p> <p>1. M.A. Counselling Psychology, CRPO Registered Psychotherapist, 10 years non-profit and private practice experience as counsellor/psychotherapist.</p> <p>2. M.Ed. Counselling Psychology, CRPO registration in progress, 14 years non-profit and private practice experience as a counsellor/psychotherapist, Crisis Intervention counsellor</p> <p>3. M.Psy. Counselling Psychology, CRPO registration in progress, 15 years clinical experience as a counsellor/psychotherapist in a variety of sectors, including organizational psychology.</p> <p><i>NB: Manager of the program will provide MSW oversight if required by student's program</i></p>	
<p>Field Instructor's Supervisory Style and Areas of Expertise/Interest</p> <p>Supervision takes place in a dynamic collaborative team environment and will include weekly 1:1 supervision meetings, weekly student peer group supervision meetings, monthly counselling unit group peer consultations, supervisor on site at all times and present in sessions during training period.</p> <p>Supervisors expertise includes: Trauma-specific / Sensorimotor psychotherapy, Walk-In brief therapy, Narrative Therapy, Mindfulness-Based, Acceptance and Commitment Therapy, Couples therapy, VAW anti-violence, Feminist and queer-friendly practice.</p>	