

Healing with Music Group Assistant

Program Summary

The Healing with Music Group, offered through Family Service Toronto's Violence Against Women Program, is designed to help women of all ages learn how to express themselves and ultimately heal through music and meditation.

Position Summary

The Volunteer will provide support to the Group Facilitator and participants attending the group, which takes place on the last Thursday of each month.

Core responsibilities

- Room set-up, including setting out instruments (drums, shakers)
- Prepare coffee and tea
- Support participants who may need assistance e.g. with materials, getting food, beverage etc.
- Participate in the group activities such as meditation, playing an instrument
- Clean-up

Experience and Skills

- An interest in music
- Ability to work in a group setting
- Demonstrated ability to maintain confidentiality
- Committed to equality and equity issues
- Non-judgmental
- Reliable
- Punctual

Time commitment

- This is an ongoing position that takes place on the last Thursday of the month, 1:00 to 4:00 p.m.
- We request a commitment of 6 months

Location

- 747 Warden Avenue

Training

- General to FST: will be provided by Volunteer Resources
- Specific to role: will be provided by the Group Facilitator

Benefits

- Excellent opportunity for individuals interested in pursuing a career in social services
- Gain an understanding of how music can be used as a therapeutic tool especially for healing from traumatic experiences
- Personal satisfaction by providing support to women seeking growth and emotional health
- Reference letter may be provided upon satisfactory completion of the volunteer placement

Note: FST conducts a Criminal Record Check for this volunteer position.

Please apply for this position online through the volunteer application form and attach a resume and cover letter to your application.

FST is committed to a policy of equity and inclusion. In accordance with the Ontario Human Rights Code, Accessibility for Ontarians with Disabilities Act, 2005 and FST's Access and Equity policy, accommodation will be provided in all parts of the recruitment process. Applicants need to make their needs known in advance.