

# Person-Directed Planning

## What is person-directed planning?

Person-directed planning assists persons with developmental disabilities to create a meaningful life in their community by identifying their life goals and finding community connections, services and/or supports with the help of their families and/or significant others of their choice.

For example:

- Identifying abilities and interests
- Finding volunteer, employment and/or educational opportunities
- Enhancing independence skills
- Making connections to social and recreational activities

The focus of planning is based on the goals people set.

## **Who can receive planning services?**

Adults (18 and over) with a developmental disability.

## **What if someone is still in school?**

People are eligible for this support while in school, if they are over 18 years of age.

## **How much does it cost?**

It is free.

## **Does planning affect eligibility for other supports?**

No, planning can enhance future supports and help to plan for them.

## **Who do I contact for service?**

Developmental Services Ontario Toronto Region (DSOTR)

Phone: 1-855-DS-ADULT or

1-855-372-3858

TTY: 416-925-0295

Fax: 416-925-3402

Email: [DSOTR@surreyplace.on.ca](mailto:DSOTR@surreyplace.on.ca)

<http://www.dsotoronto.ca/>