

# Person-Directed Planning

## What is person-directed planning?

Person-directed planning can assist children and youth with developmental disabilities to set goals and find community connections, services and/or supports with the help of their families and/or significant others of their choice.

For example:

- Identifying abilities and interests
- Making connections to social and recreational activities
- Enhancing independence skills
- Finding volunteer, employment and/or educational opportunities (if appropriate)

The focus of planning is based on the goals people set.



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## How much does it cost?

It is free.

## Does planning affect eligibility for other supports?

No, planning can enhance future supports and help to plan for them.

## Who do I contact for service?

Children and youth up to age 18 can contact

**Community Living Toronto**

**647 - 426 - 3220**

**647 - 426 - 3219**

or

**Family Service Toronto**

**416 - 971 - 6326 ext. 341**

Youth between 14-18 can contact

**Corbrook**

**416 - 245 - 5565 ext. 222**



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