Is HIV/AIDS affecting your life? We can help.

We provide professional short- and long-term counselling to individuals, couples and families living with and affected by HIV/AIDS on issues such as:

- impact of diagnosis
- health and well being
- stigma and discrimination
- loss
- decisions about disclosure
- impact of medications
- relationship issues
- isolation
- sexual orientation
- gender identity
- discrimination
- depression
- anxiety
- self-esteem
- violence and trauma

Referrals and support groups may also be offered. For more information and resources we may recommend please visit our website at www.familyservicetoronto.org.

We provide service to clients from many different communities throughout Toronto. We recognize that oppression and discrimination are always factors in the lives of our clients and we offer an environment of respect and safety.

We are inspired by the many varied contributions of the late David Kelley – a vibrant individual, social worker, activist and advocate for gay men, lesbians, youth and people living with HIV/AIDS. David was one of the founders of the Toronto Counselling Centre for Lesbians and Gays (TCCLG), which merged with FST in 1996 to create the David Kelley Services.
At Family Service Toronto, we’re passionate about helping people. We are one of Toronto’s oldest non-profit social service agencies, serving more than 12,000 individuals and families in need each year and advocating for people who are marginalized. Our solution-focused services help to strengthen families and individuals, and build healthier communities for everyone.

Our range of counselling and community support programs help people struggling to cope with everything from depression to physical abuse; sexual orientation issues to marital problems; and intellectual disabilities to the challenges of getting older.

**HOW TO REACH US**

To find out more about our counselling services or to make an appointment, please call **416.595.9618**.

There are no fees for this service.

For more information about other Family Service Toronto programs, call **416.595.9618**.

Our services are available to anyone living or working in Toronto, regardless of race, ancestry, place of origin, colour, ethnic origin, citizenship, creed, sex, sexual orientation, gender identity, age, disability, level of literacy, marital or family status, income or political affiliation.

Visit our website at: **www.familyservicetoronto.org**

FST welcomes diversity and is committed to a policy of anti-oppression.