



**FAMILY SERVICE TORONTO**  
For People. For Change.

**VOLUNTEERING**

## **Let your talents shine at FST. Volunteer your skills today to build stronger communities!**

Family Service Toronto conducts advocacy and provides a range of supportive services in communities across the city. At FST, we welcome enthusiastic and dedicated volunteers to work with us to deliver high-quality services that support our mission to collaborate with individuals, families and communities to create lasting, measurable improvements in their health and well-being. Our volunteers come from all walks of life and bring diverse skills to our organization. Become an FST volunteer and you become a valued member of our team.

### **WHAT DO FST VOLUNTEERS DO?**

FST volunteers work in departments throughout the agency. They help out at special events, provide administrative support, do research, share their leadership skills with us on board and advisory committees, and are engaged in numerous other activities. Because our needs are constantly changing, please visit our website at [www.familyservicetoronto.org](http://www.familyservicetoronto.org) to view our current volunteer opportunities.

### **CORPORATE VOLUNTEERING**

FST welcomes the participation of group and corporate volunteers. Possible activities include but are not limited to providing and serving holiday meals, developing and facilitating workshops and helping with special events. We work with your organization to identify suitable activities.

### **WHAT QUALIFICATIONS DO I NEED?**

To make the best possible match between the position and a potential volunteer, we post each position, review applications and meet with potential volunteers to discuss how the position matches up with their qualifications, interests, skills and availability.

## COMPASSION. COMMUNITY. CONNECTION.

At Family Service Toronto, we're passionate about helping people. We are one of Toronto's oldest non-profit social service agencies, serving thousands of individuals and families in need each year and advocating for people who are marginalized.

Our range of counselling and community support programs help people struggling to cope with many issues, including depression, physical abuse, sexual orientation, relationships, disabilities and the challenges of getting older.

FST welcomes diversity and is committed to a policy of equity and inclusion. Our services are available to anyone living or working in Toronto.

### IT'S EASY TO GET STARTED

Call Volunteer Resources at 416.595.9230 ext. 234 or visit our website at [www.familyserVICEToronto.org](http://www.familyserVICEToronto.org)

FST's services and volunteer opportunities are available to everyone living or working in Toronto, regardless of race, ancestry, place of origin, colour, ethnic origin, citizenship, creed, sex, sexual orientation, gender identity, age, disability, level of literacy, marital or family status, income or political affiliation.

FST adheres to the Canadian Code for Volunteer Involvement, which outlines the values, principles and standards for effective volunteer practices.



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**United Way**  
Member Agency