



# Counsellor, Families in Transition

## INTERNAL/EXTERNAL JOB POSTING

Counsellor  
Families in Transition  
Permanent part-time; 21 hours per week; Tuesdays, Wednesdays and Thursdays (one evening per week)

Must have ability to increase temporarily to 35 hours per week from September 7, 2018 to March 29, 2019 to include Mondays and Fridays

355 Church Street; occasional assignments in other community locations

\$53,940 – \$66,437 Grade 8 BU; pro-rated to hours worked  
May 18, 2018, 5.00pm  
FIT #9-18 – with cover letter and resume

[hrdep@familyservicetoronto.org](mailto:hrdep@familyservicetoronto.org)  
HR, Family Service Toronto, #202 – 128A Sterling Rd, Toronto, ON M6R 2B7  
[familyservicetoronto.org](http://familyservicetoronto.org)

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Family Service Toronto (FST) helps people face a wide variety of life challenges. For over 100 years, we have worked with individuals and families destabilized by precarious mental health and/or socioeconomic circumstances, to achieve greater resilience and stability in more just and supportive communities. We achieve this through our direct service work of intervention and prevention which includes counselling, peer support and education; knowledge building; and system-level work including social action, advocacy, community building and working with partners to strengthen the sector.

Families in Transition (FIT), a department of FST, provides services for families with a focus on separating/separated, divorcing/divorced and blended families. The core of FIT's work is to support child adjustment and adaptation to their family changes through counselling, group work and educational programming.

## RESPONSIBILITIES:

- Providing evidence-based interventions, including psycho-therapy, that focus on adult/child adjustment to significant changes in the family including:

- individual and family counselling
- leading or co-leading therapeutic/psycho-educational groups for children or parents
- developing and leading educational workshops on topics such as reducing parent conflict, co-parenting relationships, child grieving, child-parent relationship
- responding to urgent situations identified by clients (e.g. child welfare concerns, transfer issues, potential for harm to self or others, etc.)
- Provide brief and medium-term counselling/psych-therapy services
- Provide culturally competent counselling to a diverse population
- Provide abuse trauma specific counselling
- Provide general counselling that includes trauma
- Advocating for individual clients as well as identifying systemic issues that may arise
- Conducts community outreach related to the work of FIT and the wider organization
- Contributing to program development initiatives within the team and across programs
- Working collaboratively within the team and colleagues across the organization
- Preparing written clinical assessments, case notes and related data, and correspondence in accordance with agency expectations
- Ensuring the regular and timely recording of data as per agency and funder requirements
- Keeps the Manager informed of matters of potential risk to FST (e.g., clinical, financial, reputational, legal risks)

## QUALIFICATIONS:

- MSW, MA (psychology), M.Ed. Foreign credentials and relevant experience will be considered.
- Registration in relevant college or Registration in good standing with OCSWSSW, CRPO or registration submitted prior to March 31, 2017 and currently in process with the College of Registered Psychotherapists of Ontario
- Minimum of 3 years post-graduate clinical experience including therapeutic interventions, group work, and provision of educational programs for adults
- Must be knowledgeable about trauma informed counselling
- Demonstrated skills and experience in the following areas:
  - Child and family assessment and counselling
  - brief psychotherapeutic interventions (group and individual) with children and adults
  - Working with parents or adults who care for children
  - Group work with children (4 years old and up)
  - Identifying and managing ethical dilemmas (particularly in the context of families with children experiencing at times high levels of exposure to parental conflict)
- Experience/ability to deliver psycho-educational workshops for children and/or adults
- Strong assessment, intervention and written documentation skills
- Demonstrated ability to manage multiple tasks and set appropriate priorities in a challenging environment
- Excellent (listening, written and verbal) communication skills
- Good computer skills
- Good knowledge of community resources and supports
- Demonstrated commitment to principles of cultural competency, social justice, anti- oppression, equity and inclusion
- Demonstrated ability to work in a team and independently
- Experience providing clinical support to volunteers and students
- Flexibility in hours of work, including working one evening per week and up to 12 Saturdays per year
- Satisfactory Criminal Reference Check with Vulnerable Sector Check completed within the past 12 months

We are committed to developing a diverse service team that reflects the diversity of the population who live and work in the City of Toronto. We actively encourage applicants from all equity seeking groups especially those with lived experience from racialized and or marginalized communities. Our goal is to attract, develop, and retain highly talented employees from diverse backgrounds allowing us to benefit from a wide variety of experiences and perspectives.

In accordance with Ontario Human Rights Code, Accessibility for Ontarians with Disabilities Act, 2005, and FST's Equity and Inclusion policy, accommodation will be provided in all parts of the hiring process. Applicants need to make their needs known in advance.

**We thank all applicants and will contact the individuals selected for an interview.**

**No phone calls please.**