

2017 - 2018

# **ANNUAL REPORT**

FST prepared to welcome clients and the public to beautiful spaces for confidential counselling, peer support, knowledge sharing and community building at its new office podium on Church Street in May 2018.

## **Donors**

## Changemakers (\$10,000 +)

Congregation of the Sisters of St. Joseph in Canada

Ontario English Catholic Teachers' Association

## Pioneers of Change (\$1000 to \$9999)

Ontario Secondary School Teachers' Federation

Sisters of St. Joseph of Toronto

Elementary Teachers' Federation of Ontario

Margaret Mitchell

Congregation of Notre Dame-Visitation Province Inc.

Canadian Union of Public Employees

TPS LGBTQ-ISN

Wendy Wright

Sisters of Providence of St. Vincent de Paul

Boiler Inspection and Insurance Company of Canada

UNIFOR

Anonymous

## Beacons of Change (\$250-\$999)

**Hugh Crosthwait** 

Maran Ravindran

Sisters of St. Joseph of Sault Ste. Marie

Rony Alexander

Joseph A. lannuzzi

Janet Murphy

**Edward Broadbent** 

Julian Kitchen

Centre De Benevolat De La Peninsule Acadienne Inc

Anonymous (x2)

## Participants in Change (up to \$249)

Elizabeth I. Shields

Donna Schaffer Lero

Kathy Glazier

Margo David

Tom Engelhart

Ruth Budd

John J. Gunn

Paul F. Zarnke

Cheryl Hamilton

Mary Lewis

Rodney Branch

Al Pearlstein

Andrew A. Cruikshank

Maria Conlon

loe Gunn

Edward & Grace McFarlane

Alexander Best

John W. Billes Estate

Sidney & Victoria Frankel

North Bay and District Labour Council

Michael Good

Betsy Anderson

Celia Denov

Sue Lam

Bernard Gurian

Paypal Charitable Giving Fund

Nandy Heule

Anonymous

## **Financials**

REVENUE	Fiscal 20	17-18	Fiscal 20	16-17
Government Revenues for Community Programs	\$ 6,175,232	55.7%	6,224,851	55.9%
United Way	3,798,604	34.3%	3,858,342	34.6%
Earned Income (77% Integrated Workplace Solutions; 23% individual client fees)	706,876	6.5%	723,552	6.5%
Donations & Non-Government Revenues	252,124	2.3%	249,241	2.2%
Investment Income & Other Income	153,914	1.4%	84,341	0.8%
TOTAL	\$ 11,086,750	100.0%	11,140,327	100.0%

EXPENSES	Fiscal 20	17-18	Fiscal 20	16-17
Individual, Family & Community Programs & Services	\$ 8,381,501	75.6%	8,399,814	75.4%
Integrated Workplace Solutions	544,439	4.9%	529,921	4.8%
Organizational Resources (includes IT, Finance, HR, ED, & Communications)	2,160,810	19.5%	2,211,073	19.8%
TOTAL	\$ 11,086,750	100.0%	11,140,808	100.0%

CLIENT PURCHASE OF SERVICE*	ı	Fiscal 2017-18	Fiscal 2016-17
Government & Partner Agency Revenues	\$	35,499,379	30,761,981
Reimbursements		35,499,379	30,761,981

<sup>\*</sup> FST administers these funds for clients on behalf of the Government of Ontario and Partner Agencies. Clients are mostly individuals with a developmental disability, or their families, and they use the funds to purchase services to live independently and improve their quality of life. Clients also include seniors living in supportive housing and who experience a range of mental health and physical challenges.

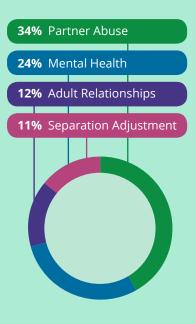
## **Our Work**

Family Service Toronto's direct service work of intervention and prevention includes counselling on a wide range of issues, peer support and education programs. Our clients speak more than 32 languages and represent more than 175 different ethno-racial backgrounds. About 56 per cent earn less than \$25,000 annually and 35 per cent are unemployed. The top issues for which clients seek support are partner abuse (34%), mental health including stress, anxiety and depression (24%), adult relationships (12%) and separation adjustment (11%).

Participants in our social action and community building programs come from every one of Toronto's 13 priority neighbourhoods and represent youth, newcomers, young families, seniors and individuals from every ethno-racial background in the city. The unit works with a wide range of partner organizations representing low-income people, faith communities, health, housing and child-care advocates, food banks, unions, social planning councils and many others across Ontario and the rest of Canada.

Our developmental services programs, including Options, Passport and Person-Directed Planning, work in partnership with individuals with developmental disabilities and their families, friends and communities.

Integrated Workplace Solutions operated as a social enterprise division until 2018. It offered a Substance Abuse Professional Services Program and assisted organizations and unions mitigate growing challenges and costs associated with high-risk behaviours.



## **Lives Touched**

Changing Lives Social Action and Community Building

8,970 4,159

Family Violence Options & Passport Integrated Workplace Solutions

6,249 6,704 505

TOTAL = 26,082

## **Vision, Mission & Values**

## **Vision**

Family Service Toronto envisions a city in which individuals, families and communities are resilient and thriving.

## **Mission**

Family Service Toronto works with individuals and families in Toronto, destabilized by precarious mental health and/or socioeconomic circumstances, to achieve greater resilience and stability in more just and supportive communities.

We achieve this through our direct service work of intervention and prevention which includes counselling, peer support and education; knowledge building and exchanging activities; and system-level work including social action, advocacy, community building and working with partners to strengthen the sector.

## **Values**

#### We are committed to:

- grounding our work in the lived experience of clients and the community
- celebrating diversity, pursuing equity and practising inclusion
- excellence.

## **Primary Locations**

128A Sterling Road

700 Lawrence Avenue West (until June 2018)

1527 Victoria Park Avenue

355 Church Street (as of May 2018)

## **Co-locations**

519 Church Street
Bathurst-Finch Hub
LAMP Community Health Centre
Leonard Avenue

Pears Avenue
Rexdale Community Health Centre
Stonegate Community Health Centre (until Oct. 2017)
Sudbury Street

# **FST by Numbers**

<b>†</b>	Mission	4	Websites	<b>Q</b> 11	Service Locations
21	Languages of service	26	Community programs	64	Average service calls daily **
79	Generous donors and funders	102	Dedicated volunteers, trainees and students	104	Years of operation
163	Skilled and talented staff	<b>於</b> 440	Walk-in counselling sessions annually*	26,082	People served through FST programs
56,498	Hours of service provided	<b>y</b> 90,453	Service contacts with clients registered in counselling programs	128,233	Visits to FST's main website

<sup>\*</sup> Provided through free Wednesday Walk-In counselling program

## **Funders**

#### **Federal**

Immigration, Refugees & Citizenship Canada Public Health Agency of Canada Employment & Social Development Canada

### **Provincial**

Ministry of Community & Social Services
Ministry of Attorney General
Ministry of Health & Long Term Care
Toronto Central Local Health Integration Network
Ministry of Citizenship, Immigration & International Trade
Ministry of Seniors Affairs
Ministry of Status of Women

## **Municipal**

City of Toronto

### Other

**Shore Consulting Group** 

## **Agencies**

Aisling Discoveries Child and Family Centre
Congregation of The Sisters of St. Joseph
Griffin Centre
Family Services of Peel
Malvern Family Resource Centre
Stonegate Community Health Centre
The Etobicoke Children's Centre
Toronto Central Community Care Access Centre
Central Community Care Access Centre
United Way Toronto & York Region
Women's College Hospital

## **Royalties**

Oxford University Press

### **Foundations**

Chimp Charitable Foundation
The Law Foundation of Ontario
The Lawrason Foundation

<sup>\*\*</sup> Calls to FST's Service Access Unit

## **Programs & Services**

### **Changing Lives Division**

#### **Counselling Services**

• Individual, family, group and walk-in

#### **Connecting Families**

Parent education and support

#### **David Kelley Services:**

 Supportive counselling for the LGBTQ (Lesbian, Gay, Bisexual Transgender, Queer) community and people living with HIV/AIDS

#### **Families in Transition**

Help for separating, divorcing and remarrying families

#### **Healthy Families, Healthy Communities**

Youth programs in newcomer communities

### **Seniors and Caregivers Support Services**

• Support to help navigate the process of getting older

## **Violence Against Women & Partner Contact**

Support for women in abusive relationships

## **Seniors Community Connections**

 Seniors programs for Iranian, Tamil, Afghan, Somali and Spanish-speaking communities

## **Next Steps/Partner Abuse Response Program**

• Services to reduce violence in intimate relationships

#### Pat's Place

A safe haven for older persons who experience abuse

### **West End Services for Abuse and Trauma**

#### **Sexual Assault Initiative**

## **Social Action & Community Building Division**

#### Campaign 2000

Advocacy on poverty

#### **Tower Neighbourhood Renewal Initiative**

Pilot project in Bathurst-Finch neighbourhood

#### **Growing Up Healthy Downtown**

 Partnership of community agencies delivering services to young children and their families

# Lawrence Heights Inter-Organizational Network

 Coalition of groups and service providers delivering programs and services to Lawrence Heights communities

## **Building Inclusive Communities Division**

# Options Program, Passport, and Person-Directed Planning Initiative

Planning and support for inclusive living for people with developmental disabilities

#### **Commercial Unit**

## **Integrated Workplace Solutions**

- Substance Abuse Professional Services program
- Structured Relapse Prevention program

# **Board of Directors**

#### **President**

**Ted Betts** 

#### **Treasurer**

Ian Wintrip

#### **Board Members**

Amanda Bartley Almerinda Rebelo Terrie Tucker

Resigned \*

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Danny Anckle

#### Ex - Officio

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Mei Chen \* Thomas Rigby

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Anna Lippman
Andrew Thomson

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Executive Director

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Social Action & Community Building

Vani Visva Finance & Business Technology Maria Huijbregts
Knowledge Building

Lisa Manuel
Changing Lives & Family Violence

#### Erin Kelly

**Building Inclusive Communities** 

#### **Brian Porter**

**Technology & Communications** 

#### **Websites**

familyservicetoronto.org campaign2000.ca ontariocampaign2000.ca i-workplacesolutions.com

### **Social Media**

- f /FamilyServiceToronto
- @FamilyServiceTO
- familyservicestoronto
- FamilyServiceToronto
- in family-service-toronto

#### **Contact Us**

#### Email:

info@familyservicetoronto.org

#### Voice

416.595.9618 – *Intake and Service* 416.595.9230 – *Administration* 



