

**FAMILY SERVICE TORONTO  
SENIORS AND CAREGIVERS SUPPORT SERVICES**

# **CAREGIVER DISCUSSION GROUP**

**For those who are caring for or concerned about an elderly parent, spouse, partner, relative or friend. Exchange ideas, offer support, share experiences.**

**DATE & TIME:** **Tuesdays, 4 - 6 p.m.**  
**Sept. 11, Oct. 9. Nov. 13, Dec. 11, 2018**  
**Jan. 8, Feb. 12, Mar. 12, 2019**

**LOCATION:** **355 Church Street.**  
**No parking onsite**

**FACILITATOR:** **Lynne Gallagher**

**REGISTRATION:** **Pre-registration required**  
**Please call Family Service Toronto's Access Unit at**  
**416.595.9618**

**No fee - Donations welcome.**

Family Service Toronto welcomes diversity and is committed to a policy of equity and inclusion. [www.familyserVICEToronto.org](http://www.familyserVICEToronto.org)

