

**FAMILY SERVICE TORONTO  
SENIORS AND CAREGIVERS SUPPORT SERVICES**

# **CAREGIVER EDUCATION WORKSHOPS**

**Are you caring for, or concerned about, an elderly parent, spouse, partner or friend?**

**LOCATION: 355 CHURCH STREET**

**Aging and Memory Loss** | Tuesday, Sept. 25, 4-6 p.m.

**Advocating for Your Relative** | Tuesday, Oct. 23, 4-6 p.m.

**Anger and Guilt** | Tuesday, Nov. 27, 4-6 p.m.

**Humour and Joy** | Tuesday, Dec. 18, 4-6 p.m.

**Caregiver Discussion Group** | 2<sup>nd</sup> Tuesday of each month, 4-6 p.m.

No onsite parking available at this location.

**Facilitator:** Lynne Gallagher

**Pre-Registration required.**

**Please call Family Service Toronto's Access Unit at 416.595.9618**

**No fee - Donations welcome.**

Family Service Toronto welcomes diversity and is committed to a policy of equity and inclusion. [www.familyserVICEToronto.org](http://www.familyserVICEToronto.org)

