



Life Skills Mentor (Lawrence Heights)

Program Summary:

The Options Program at Family Service Toronto is dedicated to creating welcoming, inclusive communities where everyone can contribute their skills and talents. Options works city-wide, supporting individuals and families, adults and children, couples and communities. The Program's focus on equity and inclusion is guided by a person-directed approach and puts us wherever individuals and families need us.

Volunteer Position Summary:

We are seeking a female volunteer to provide assistance and time to support a woman who is legally blind and has a mild developmental disability.

Core responsibilities:

- Develop and maintain a supportive, friendly relationship with the individual
- Assist the individual with shopping (grocery/personal care)
- Visit with the individual in the community (e.g. community centre, activities/events etc.)
- Keep regular contact with supervisor/Community Resource Facilitator to discuss progress

Qualifications:

- Experience or eagerness to support an individual who is legally blind and has a mild developmental disability
- Strong communication skills
- Interest in building a relationship based on the person's strengths, abilities and gifts
- Respectful of individual's right for self-determination
- Ability to maintain clear boundaries
- Demonstrated ability to maintain confidentiality
- Reliable
- Non-judgmental
- Patient



Time commitment:

- One 2-3 hour visit on a weekly or bi-weekly basis
- Visits will take place on a day and at a time that is mutually convenient to the volunteer and supported individual (flexible)
- We request a minimum commitment of 6 months

Location:

- Visits will take place in the client's home in the Lawrence Heights area or in the community (Lawrence Avenue & Marlee). Please note: the client uses Wheel- Trans and arrangements can be made for accompaniment on Wheel- Trans or the client can meet the volunteer in the community on days that outings take place.

Orientation and Training:

- General orientation to Family Service Toronto will be provided by Volunteer Resources
- Training specific to role will be provided by the client's Community Resource Facilitator

Benefits:

- Opportunity to gain experience working within the Developmental Disability Sector
- Personal satisfaction received in assisting an individual with an intellectual disability
- References may be provided upon successful completion of the volunteer commitment

FST conducts a Vulnerable Sector Check for successful applicants for this position and clearance must be obtained prior to starting the volunteer placement.

Please apply for this position online using the FST [Volunteer Application Form](#) and attach a résumé and cover letter to your application.

FST is committed to a policy of equity and inclusion. In accordance with the Ontario Human Rights Code, Accessibility for Ontarians with Disabilities Act, 2005 and FST's Access and Equity policy, accommodation will be provided in all parts of the recruitment process. Applicants need to make their needs known in advance.

We thank all applicants and will contact the individuals selected for an interview.