



MA CAAWINTAA RUUX WAAYEEL AH (55+)?

Hadii aad caawisid fadlan, Ka soo qeyb kal aqoon kororsiga daryeelka waayeelks ee Family Service Toronto

- Baro xirfada muhiimka ah ee daryeelka waayeelka
- Ka hel caawimaad daryeelayaasha waayelada
- Ka hel aqoonta keydsan eef waayeelkada iyo daryeelayaasha waayeelka
- Cabitaan iyo cunto fudud

MAALMAHA & MEELAHA LAGU QABANAYO

APRIL 30th, 2019 FROM 5:30PM – 7:30PM AT 720 TRETHERWEY DRIVE, SUITE 201

JUNE 8th, 2019 FROM 5:30PM – 7:30PM AT 720 TRETHERWEY DRIVE, SUITE 201

JULY 13th, 2019 FROM 5:30PM – 7:30PM AT 720 TRETHERWEY DRIVE, SUITE 201

**HADII AAD U BAAHAN TAHAY FAAHFAAHIN DHEERAD AH FADLAN
NALA SOO XIRIIR AMA AAD RABTID IN LAGU DIIWAAN GALIYO SI
AAD UGA QEYBQAATID BARNAAMIJKAN**

Maryan Ali, Caring for Caregivers Community Facilitator

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