



CARING FOR CAREGIVERS

May - November 2019 workshop list

Communication and Caregiving – May

1527 Victoria Park Ave – Tuesday, May 14; 1 - 3 p.m.

355 Church St – Tuesday, May 21; 5:30 - 7:30 p.m.

128A Sterling Rd – Wednesday, May 29; 10:30 a.m. - 12:30 p.m.

Medication Management – June

1527 Victoria Park Ave – Tuesday, June 11; 1 - 3 p.m.

355 Church St – Tuesday, June 18; 5:30 - 7:30 p.m.

128A Sterling Rd – Wednesday, June 26; 10:30 a.m. - 12:30 p.m.

Where to Find Resources in My Community? – July

1527 Victoria Park Ave – Tuesday, July 9; 1 - 3 p.m.

355 Church St – Tuesday, July 16; 5:30 - 7:30 p.m.

128A Sterling Rd – Wednesday, July 24; 10:30 a.m. - 12:30 p.m.

Preventing Crisis as a Caregiver – August

1527 Victoria Park Ave – Tuesday, August 13; 1 - 3 p.m.

355 Church St – Tuesday, August 20; 5:30 - 7:30 p.m.

128A Sterling Rd – Wednesday, August 28; 10:30 a.m. - 12:30 p.m.

Making the Health Care System Work for You – September

1527 Victoria Park Ave – Tuesday, September 10; 1 - 3 p.m.

355 Church St – Tuesday, September 17; 5:30 - 7:30 p.m.

128A Sterling Rd – Wednesday, September 25; 10:30 a.m. - 12:30 p.m.

Sharing is Caregiving – October

1527 Victoria Park Ave – Tuesday, October 8; 1 - 3 p.m.

355 Church St – Tuesday, October 15; 5:30 - 7:30 p.m.

128A Sterling Rd – Wednesday, October 23; 10:30 a.m. - 12:30 p.m.

Coping with Caregiving Changes – November

1527 Victoria Park Ave – Tuesday, November 12; 1 - 3 p.m.

355 Church St – Tuesday, November 19; 5:30 - 7:30 p.m.

128A Sterling Rd – Wednesday, November 27; 10:30 a.m. - 12:30 p.m.

REGISTRATION

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