

16 DAYS OF ACTIVISM AGAINST GENDER BASED VIOLENCE (GBV)

2020 CAMPAIGN THEME: #OURACTIONS MATTER

NOVEMBER-DECEMBER CALENDAR OF ACTIVITIES

<p>NOV 25 Wed.</p> <p>International Day for the Elimination of Violence against Women Share a copy of this #OTW calendar to a friend, family member or co-worker</p>	<p>NOV 26 Thurs.</p> <p>Wear purple today to raise awareness! Share or create an #OTW post on a social media platform</p>	<p>NOV 27 Fri.</p> <p>Learn about the White Ribbon Campaign: Men and boys working to end male violence against women</p>	<p>NOV 28 Sat.</p> <p>Recognize the common warning signs of abuse: Take the Early Warning Signs Quiz</p>
<p>NOV 29 Sun.</p> <p>International Women Human Rights Defenders Day Watch a TED talk video on sexual abuse/rape</p>	<p>NOV 30 Mon.</p> <p>Watch a short film or documentary on gender-based violence or abuse</p>	<p>DEC 1 Tue</p> <p>World AIDS Day Get to know some of the facts and myths of HIV AIDS to help fight against stigma!</p>	<p>DEC 2 Wed.</p> <p>International Day for the Abolition of Slavery Read an article on how marginalized women are at higher risks of GBV</p>
<p>DEC 3 Thurs.</p> <p>International Day of Persons with Disabilities Learn how women with disabilities struggle with GBV and watch video</p>	<p>DEC 4 Fri.</p> <p>Watch the Toronto-based documentary: 'A Better Man'</p>	<p>DEC 5 Sat.</p> <p>International Volunteer Day for Economic and Social Development Volunteer or donate to a local women's centre or shelter</p>	<p>DEC 6 Sun.</p> <p>National Day of Remembrance and Action on Violence Against Women 'Women Won't Forget' – Candlelight Vigil @ Philosopher's Walk 6pm</p>
<p>DEC 7 Mon.</p> <p>Post-Traumatic Growth Read real stories about survivors of GBV</p>	<p>DEC 8 Tue.</p> <p>Explore different ways you can incorporate self-care into your everyday life Examples: yoga, tai chi, expressive arts, music ...</p>	<p>DEC 9 Mon.</p> <p>Read some common myths about GBV and familiarize yourself with the facts</p>	<p>DEC 10 Thurs.</p> <p>International Human Rights Day Prepare a gift-filled shoebox and donate it to the Shoebox Project for Women just in time for the holidays!</p>

