

Community Skills

Community skills means the abilities needed to function independently in the community. In the following section they include telephone skills, pedestrian skills, use of public transportation and awareness of community resources. The following life skill area looks at the community skills that would be an asset when living independently with supports.

When completing this section of the guidebook you may find the following "tips" helpful:

- If you don't feel comfortable with a component/statement, skip it.
- If you require clarification on a component/statement, ask someone you trust for help.
- If you are completing the guidebook with someone that needs a component/statement to be clarified, try rephrasing the statement (or stating it several different ways) so that the meaning may be clearer. For example: "Know to recognize the correct use of crosswalks." can also be stated as: How would you cross the street at a crosswalk?"
- If you are completing the guidebook with someone that needs a component/statement to be clarified, try providing examples of what you mean so that the meaning may be clearer. For example: When explaining "Know to approach TTC personnel, store owners, or other officials for help in an emergency" you may say: "If you were lost while travelling out in the community, what would you do?"
- Take your time completing the guidebook. Try not to rush through completing the guidebook—there are no time limitations. You can complete it at your own pace, in your own time, take a break whenever you want and come back to it whenever you want.
- Complete the guidebook on your own as much as possible. This will help to make sure that your answers are your own and that the results are truly meaningful to you.

^{*} If you would like to print the Community Skills section print pages 83 – 101.



Know to look both ways before crossing the street.

The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
The person requires the presence of someone to provide occasional verbal prompting to complete the task.
The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4 The person does not require any direct supervision or any prompting to complete the task.
NA Not applicable.
Know to cross the street at a crosswalk or light.
The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
The person requires the presence of someone to provide occasional verbal prompting to complete the task.
The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4 The person does not require any direct supervision or any prompting to complete the task.
NA Not applicable.
Know to recognize the correct use of crosswalks.
The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
The person requires the presence of someone to provide occasional verbal prompting to complete the task.
The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4 The person does not require any direct supervision or any prompting to complete the task.
NA Not applicable.



4	Know to wait until cars have stopped before
	stepping off the curb.

	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
	4 The person does not require any direct supervision or any prompting to complete the task.
	NA Not applicable.
5	Know to point and wait for traffic to stop before stepping off the curb at a crosswalk.
	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
	4 The person does not require any direct supervision or any prompting to complete the task.
	NA Not applicable.
6	Know to walk between the white lines of the crosswalk
	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
	4 The person does not require any direct supervision or any prompting to complete the task.
	NA Not applicable



7	Know how to get across the street before traffic starts again.	
	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.	
	The person requires the presence of someone to provide occasional verbal prompting to complete the task.	
	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).	
	4 The person does not require any direct supervision or any prompting to complete the task.	
	NA Not applicable.	
8	Know to cross the street on a green street light.	
	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.	
	The person requires the presence of someone to provide occasional verbal prompting to complete the task.	
	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).	
	4 The person does not require any direct supervision or any prompting to complete the task.	
	NA Not applicable.	
9	Know to stop at a red street light.	
	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.	
	The person requires the presence of someone to provide occasional verbal prompting to complete the task.	
	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).	
	4 The person does not require any direct supervision or any prompting to complete the task.	
	NA Not applicable.	



Know to cross on the white "walking man" symbol.

	person requires the presence of someone to provide frequent verbal prompting, ds the task to be demonstrated, or needs assistance to complete the task.
/ 1 1	person requires the presence of someone to provide occasional verbal prompting omplete the task.
	person does not require the presence of someone and can complete the task g alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4 The	person does not require any direct supervision or any prompting to complete the task.
NA Not	applicable.
Know	to stop on the red "hand" symbol.
	person requires the presence of someone to provide frequent verbal prompting, ds the task to be demonstrated, or needs assistance to complete the task.
/ / /	person requires the presence of someone to provide occasional verbal prompting omplete the task.
	person does not require the presence of someone and can complete the task g alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4 The	person does not require any direct supervision or any prompting to complete the task.
NA Not	applicable.
2 Know	to walk on the sidewalk, not the road.
	person requires the presence of someone to provide frequent verbal prompting, ds the task to be demonstrated, or needs assistance to complete the task.
	person requires the presence of someone to provide occasional verbal prompting omplete the task.
	person does not require the presence of someone and can complete the task g alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4 The	person does not require any direct supervision or any prompting to complete the task.
NA Not	applicable.



Know when there is no sidewalk, walk on the side of the road that faces traffic. The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task. The person requires the presence of someone to provide occasional verbal prompting to complete the task. The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.). The person does not require any direct supervision or any prompting to complete the task. Not applicable. Know how to travel on the TTC independently. The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task. The person requires the presence of someone to provide occasional verbal prompting to complete the task. The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.). The person does not require any direct supervision or any prompting to complete the task. Not applicable.

Know how to approach TTC personnel, store owners, or other officials for help in an emergency.

	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4	The person does not require any direct supervision or any prompting to complete the task
IΑ	Not applicable.



6 Know to carry personal identification when out in the community.

The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
The person requires the presence of someone to provide occasional verbal prompting to complete the task.
The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
The person does not require any direct supervision or any prompting to complete the task.
NA Not applicable.
7 Know how to communicate verbally with the TTC staff if needed.
The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
The person requires the presence of someone to provide occasional verbal prompting to complete the task.
The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4 The person does not require any direct supervision or any prompting to complete the task.
NA Not applicable.
8 Know the forms of public transportation available, (i.e. bus, subway, streetcar).
The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
The person requires the presence of someone to provide occasional verbal prompting to complete the task.
The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
The person does not require any direct supervision or any prompting to complete the task.
NA Not applicable.



6 Know the amount of money required for bus fare.

	[The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
	2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
	3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
	4	The person does not require any direct supervision or any prompting to complete the task.
	NA	Not applicable.
2(י כ	Know what the nearest public bus stop is to home.
	[The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
	2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
	3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
	4	The person does not require any direct supervision or any prompting to complete the task.
	NA	Not applicable.
2		Know what the approximate cost of taking a taxi to a desired location.
	[The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
	2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
	3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
	4	The person does not require any direct supervision or any prompting to complete the task.
	NA	Not applicable.



22	Given instructions, can make public transportation journeys involving several transfers.
1	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4	The person does not require any direct supervision or any prompting to complete the task.
NA	Not applicable.
23	Know how to arrange transportation to work or school/day program.
- 1	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4	The person does not require any direct supervision or any prompting to complete the task.
NA	Not applicable.
24	Know how to get emergency information by phone (for assistance).
1	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).

Not applicable.

The person does not require any direct supervision or any prompting to complete the task.



25 Know who to contact if injured or sick while out in community.

	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4	The person does not require any direct supervision or any prompting to complete the task.
NA	Not applicable.
26 Ki	now where the nearest supermarket or opping area is.
	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4	The person does not require any direct supervision or any prompting to complete the task.
NA	Not applicable.
27 Ki	now how to access emergency food and shelter.
	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4	The person does not require any direct supervision or any prompting to complete the task.
NA	Not applicable



28 Know how to access a crisis/help line if help is needed.

The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
The person requires the presence of someone to provide occasional verbal prompting to complete the task.
The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4 The person does not require any direct supervision or any prompting to complete the task.
NA Not applicable.
29 Know where the nearest laundromat is located.
The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
The person requires the presence of someone to provide occasional verbal prompting to complete the task.
The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4 The person does not require any direct supervision or any prompting to complete the task.
NA Not applicable.
80 Know where personal bank is located.
The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
The person requires the presence of someone to provide occasional verbal prompting to complete the task.
The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4 The person does not require any direct supervision or any prompting to complete the task.
NA Not applicable.



X Know where the nearest post office/mailbox is.

	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
	4 The person does not require any direct supervision or any prompting to complete the task.
	NA Not applicable.
32	Know how to use a post office/mailbox.
	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
	4 The person does not require any direct supervision or any prompting to complete the task.
	NA Not applicable.
33	Know where the nearest library is.
	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
	4 The person does not require any direct supervision or any prompting to complete the task.

Not applicable.



R Know how to get a library card.

	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4	The person does not require any direct supervision or any prompting to complete the task.
NA	Not applicable.
35 Kr	now how to use a library card.
1	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4	The person does not require any direct supervision or any prompting to complete the task.
NA	Not applicable.
36 Kr	now where mental health counseling is available the community.
1	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4	The person does not require any direct supervision or any prompting to complete the task.
NA	Not applicable.



Know where consumer counseling is available in the community.
The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
The person requires the presence of someone to provide occasional verbal prompting to complete the task.
The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
The person does not require any direct supervision or any prompting to complete the task.
Not applicable.
Know where community health clinics are available in community.
The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
The person requires the presence of someone to provide occasional verbal prompting to complete the task.
The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
The person does not require any direct supervision or any prompting to complete the task.
Not applicable.
Know where public recreation centres are in the community.
The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
The person requires the presence of someone to provide occasional verbal prompting to complete the task.
The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
The person does not require any direct supervision or any prompting to complete the task.

Not applicable.



Enjoy participating in community activities.

	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
ø A	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
,	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4	The person does not require any direct supervision or any prompting to complete the task.
N	Not applicable.
41	Know where the Food Banks are in the community.
	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
,	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
, h	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4	The person does not require any direct supervision or any prompting to complete the task.
N	Not applicable.
42	Know where to attend their place of worship in the community.
	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
g A	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
r N	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4	The person does not require any direct supervision or any prompting to complete the task.
N	Not applicable.



43 Know where to participate in community groups based on personal interests.

		The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
	2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
	3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
	4	The person does not require any direct supervision or any prompting to complete the task.
	NA	Not applicable.
44	Kn	now their rights.
		The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
	2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
	3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
	4	The person does not require any direct supervision or any prompting to complete the task.
	NA	Not applicable.
45	Kn	now their responsibilities.
		The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
	2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
	3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
	4	The person does not require any direct supervision or any prompting to complete the task.
	NA 🔲	Not applicable



A Know how to keep safe while out in the community.

		The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
	2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
	3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
	4	The person does not require any direct supervision or any prompting to complete the task.
	NA	Not applicable.
47		now how to keep safe when walking in the community night.
		The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
	2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
	3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
	4	The person does not require any direct supervision or any prompting to complete the task.
	NA	Not applicable.
48	B Kr	now about volunteering in the community if would like
		The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
	2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
	3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
	4	The person does not require any direct supervision or any prompting to complete the task.
	NA	Not applicable.



49 Know how to get connected to the community.

	needs the task to be demonstrated, or needs assistance to complete the task.
2	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
3	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4	The person does not require any direct supervision or any prompting to complete the task.
۱A	Not applicable.



Summary

	0	The person requires the presence of someone to provide frequent verbal prompting, needs the task to be demonstrated, or needs assistance to complete the task.
2	0	The person requires the presence of someone to provide occasional verbal prompting to complete the task.
3	0	The person does not require the presence of someone and can complete the task using alternate methods of prompting (i.e. notes, alarm, picture symbols, etc.).
4	0	The person does not require any direct supervision or any prompting to complete the task.
NA	0	Not applicable.

Comments



* A score of 4 across all skills/skill areas is not required to live independently with supports. Scoring less than 4 simply indicates an area for further discussion and exploration.