

Index of Community Participation Supports

Agencies in this document provide government-funded programs to people living in Toronto

To access these programs, you must be over the age of 18 and registered for services with DSO

Many of these agencies also offer services for a fee
Details on fee-for-service programs can be found on MyCommunityHub.ca or ConnectAbility.ca

Addus

www.addus.org

416-544-8847 x 223

Toronto North – Yonge & Lawrence

Toronto South – Yonge & Eglinton

Etobicoke – Jane & Bloor W

Staffing supports at 1 staff member for every 3 or 5 participants, depending on the location

Not accessible for people with physical disabilities

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|---|---|---|
| <p>Our community-based day supports programs provide individually developed curriculum leading to personal goal achievement in a group setting.</p> <p>We provide support through:</p> <ul style="list-style-type: none"> • Person directed planning to develop and reach individual goals at Addus • Work/volunteer placements • Recreation and social activities • Life skills/educational workshops • Artistic projects and self-expression • Opportunities to be part of a social enterprise (arts-based or catering) | <ul style="list-style-type: none"> • Is able to interact, communicate, and work in a group or team setting. • Is independent in their self-help skills. • Can benefit from support in accessing the community. • Is in transition from school to adult community programs, or is an adult looking for new programs. | <ul style="list-style-type: none"> • Exhibits aggressive behaviours. • Has physical disabilities which require an assistive aid such as a wheelchair or walker. |

Aptus

www.aptustc.com

416-633-5775 or 416-630-8523

North York - Dufferin & Lawrence W

Staffing supports at 1 staff member for every 3 participants
Accessible for people with physical disabilities

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|--|--|--|
| <p>Aptus Treatment Centre Adult Day Services Day Program - A day treatment centre, offering a wide variety of sensory, community and centre-based programs designed to develop skills, increase community awareness, and develop relationships and social inclusion.</p> <p>All programs offer a number of options based on individual needs which include Occupational Therapy, Recreational Therapy and Behavioural Therapy. Within the individualized program we offer life skills, recreation, community awareness, cultural experience, Job opportunities, through our Employment Now program, and various forms of art.</p> | <ul style="list-style-type: none"> Is 18 years of age and older and has a primary diagnosis of an Intellectual Disability or Autism Spectrum Disorder (ASD) | <ul style="list-style-type: none"> Under the age of 18 has no intellectual disabilities or Autism Spectrum Disorder (ASD) Has outstanding or unresolved criminal charges Has major psychiatric diagnosis Cannot weight bear Has challenges with large groups and loud noises |

Bob Rumball Canadian Centre of Excellence for the Deaf

www2.bobrumball.org

Voice: 416-449-9651

TTY: 416-449-2728

North York – Bayview & Lawrence W

Staffing supports at 1 staff member for every 6 participants
Accessible for people with physical disabilities

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|---|---|--|
| <p>Bob Rumball Canadian Centre of Excellence for the Deaf (BRCCED)</p> <p>The Day Program offers meaningful experiences and activities to Deaf or Hard of Hearing persons, aiming to build on their strengths, interests, and skills.</p> <p>Options of centre-based, community-based, and virtual programming.</p> <p>Part time and full-time options available.</p> <p>Workshops, classes, and educational learning; life skills building; recreational and leisure activities; pre-employment and employment readiness workshops; employment supports. Activities may include: Crafts, Woodworking, Computing, Social activities, Cooking and Baking opportunities, Sports, Planting and gardening, Photography, Healthy Living and Outings into the community.</p> <p>Language: Program delivered solely in American Sign Language (ASL)</p> | <ul style="list-style-type: none"> • Is Deaf or Hard of Hearing and needs an ASL environment • Is 18 years or older • Has a physical disability, uses a wheelchair, or has other mobility needs • Users of ASL as a primary means of communication or looking to enhance their current ASL communication skill level. | <ul style="list-style-type: none"> • Requires personal support with eating, toileting or transferring • Has high risk behaviours to self or others • Requires regular and ongoing supports from staff |

Christian Horizons

www.christian-horizons.org

416-633-0614

Etobicoke – Islington & Steeles W

Staffing supports at 1 staff member for every 5 participants
Accessible for people with physical disabilities

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|---|--|--|
| <p>Christian Horizons – The Village Community First Services provides a variety of community-based activities, workshops, and education learning. Recreation and leisure, social events, independent and Life Skill building, self-advocacy opportunities that are self-directed and person centered. Arts programs including Music and Drama. Themed seasonal and cultural events. Summer weekday camp experiences. One-day special events & experiences</p> <p>Explore and experience variety of cultural opportunities. Employment workshops and career planning.</p> <p>Employment Workshops: Career Visioning, How to Market Yourself - Interview/Networking, Create a Healthy Work/Life Balance, Steps toward Job Promotion/Leadership in the workplace</p> <p>Person Directed Career Planning Interview/Resume/ Network Supports Skills Assessments Personalized Job Retention Supports</p> | <ul style="list-style-type: none"> • Is 18 years and older • Desires to be engaged in community activities • Desires Social/Recreational Activities • Wants to self direct their services • Has an interest in self advocacy • Seeks to be employed in the community | <ul style="list-style-type: none"> • Due to staffing ratio, not able to support people with behaviours of risk to self or others • Requires personal support with eating, toileting, or transferring |

Common Ground Co-operative

www.commongroundco-op.ca

416-421-7117 x 203

Toronto South – Overlea Blvd & Millwood Road

Staffing supports at 1 staff member for every 6 participants

Not accessible for people with physical disabilities

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|---|--|--|
| <p>The Foundations Program is a work skills training program where individuals are taught the necessary skills to be successful in the food & hospitality work environment. Participants are educated through a structured classroom setting covering topics such as customer service skills, work etiquette, math and money, communication, conflict resolution and cash register training. Participants will get an opportunity to practice the skills taught in class hands on in a co-op placement in one of our three Coffee Sheds or a bakery, Lemon and Allspice. Each participant will be provided with a work binder with all the material, assignments, and worksheets. This is an 18-week (4 months long) program. Class is Tuesday, Wednesday, Thursday & Friday's from 10:00am-3:00pm</p> | <ul style="list-style-type: none"> Between the ages 18-35 Travel independently on TTC. Independent, goal oriented and self-directed. Able to work well with-in a group and small classroom setting. Ready and wanting to learn work skills and gain experience. Can lift, stock shelves, and stand for long periods of time. Basic literacy and numeracy skills | <ul style="list-style-type: none"> Has behaviors that create risk to self or others. Common Ground Co-operative has a zero- tolerance policy for any emotional, physical, financial, neglect, sexual and verbal abuse. Does not work well in a group and or working with others. Participants selected for the program have various mental health, developmental and physical disabilities. Common Ground Co-operative is an inclusive and respectful working environment. Has current/recent involvement with the law (Vulnerable persons police checks will be done on all successful applicants.) Requires personal support with eating, toileting or transferring. Who has complex behaviours that may require ongoing 1-1 support and/or specialized behavioural interventions |

Community Living Toronto

www.cltoronto.ca

647-426-3220

Adult Developmental Program

Staffing supports at 1 staff member for every 5 participants

Accessible for people with physical disabilities

Scarborough – McCowan & Ellesmere

North York – Dufferin & Finch W

Toronto South – Main & Gerrard

Etobicoke – Islington & Bloor W

Eppleworth Centre

Staffing supports at 1 staff member for every 5 participants

Not accessible for people with physical disabilities

Scarborough – Kennedy & Eglinton E

Gooderham Centre

Staffing supports at 1 staff member for every 3 participants

Accessible for people with physical disabilities

Scarborough – Pharmacy & Lawrence E

Individualized On-Campus Post-Secondary Experience Network (IOPEN)

Staffing supports at 1 staff member for every 9 participants

Accessible for people with physical disabilities

Community based

Youth 2 Work (Y2W)

Staffing supports at 1 staff member for every 9 participants

Accessible for people with physical disabilities

Community based

Community Living Toronto (continued)

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|--|---|---|
| <p>The Adult Developmental Program (ADP) offers various activities with emphasis on choice making opportunities and social skills development.</p> <p>The main focus is to enhance self-esteem, activities of daily living skills, leisure, and physical wellness. Through interaction we strive to provide a safe and motivating environment.</p> <p>Daily activities offered include cooking, sewing, arts and crafts, table games, weekly bocce & tournaments, kitchen & nutrition, hygiene grooming, outings, music/sing along, computers with touch screen, and choir group.</p> | <ul style="list-style-type: none"> Needs support for daily living skills and close staff supervision. Has a visual or hearing impairment. Is in a wheelchair or uses walker. | <ul style="list-style-type: none"> Has significant aggressive behaviour Require regular and ongoing 1:1 staff support |

Community Living Toronto (continued)

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|---|---|--|
| <p>The Eppleworth Centre strives to enhance each participant's existing abilities by providing a variety of skill-appropriate activities.</p> <p>Our Day Program focuses on individual needs and offers diversified programming opportunities that include literacy, math and money skills, cooking, drama, arts & crafts, music, physical fitness, volunteer opportunities, life skills and community access.</p> | <ul style="list-style-type: none"> Someone who is 21+ with a developmental disability Someone who is motivated to achieve new skills. Someone who is independent in hygiene and self-care. Someone who can participate in a group setting. Someone who would be successful with minimal supports when accessing the community Someone who can provide/manage own transportation to and from the centre Someone who is medically stable | <ul style="list-style-type: none"> Someone who has behaviours that create risk to self or others someone who has complex behaviours that may require ongoing 1-1 support and/or specialized behavioural interventions. Someone who requires assistance with personal hygiene, personal care, transfers/lifts, or medication administration. |
| <p>This Gooderham programme is for individuals with high medical support needs and benefit from programmes that focus on their sensory, emotional, and physical needs.</p> <p>It provides a multi-faceted programme offering social and recreational activities, outings in the community as well as individualized physical interventions such as massage and body activation.</p> | <ul style="list-style-type: none"> Needs support for daily living skills and close staff supervision. Has a visual or hearing impairment. Is in a wheelchair or uses walker. | <ul style="list-style-type: none"> Has significant aggressive behaviour Those who require regular and ongoing 1:1 staff support |

Community Living Toronto (continued)

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|---|---|---|
| <p>The Individualized On-Campus Post-Secondary Experience Network (I-OPEN) is a collaborative partnership between Community Living Toronto and Centennial College that will support individuals to access an inclusive post-secondary education.</p> <p>Individuals will be able to pursue areas of academic and vocational interest.</p> <p>Participants will have an improved understanding to facilitate career-oriented goals and reduce barriers to employment.</p> <p>The individual will have opportunities to increase their skills in the areas of academics, career preparation, and leisure/recreational activities.</p> <p>Additionally, through individualized planning, community options will be created and supported based on goals and interests after academic goals are achieved</p> | <ul style="list-style-type: none"> • Can provide or manage own transportation • Can supply all academic related costs, including tuition • Is motivated to be engaged in academics and community-based activities with supports • Can manage their own personal care needs or provide own attendant | <ul style="list-style-type: none"> • Has excessive behaviours that create risk to self or others and cannot self-regulate in the community |
| <p>Youth2Work offers a variety of opportunities to gain work skills and build networks based on Person-Directed Plans.</p> <p>Participation includes work and/or volunteer experiences and job readiness activities.</p> <p>Youth2Work is a part-time program offering up to 6 hours per week of direct support.</p> | <ul style="list-style-type: none"> • Is between 18 and 25 years of age when starting the program. • Can provide or manage own transportation. • Is seeking community-based work and/or volunteer experiences. • Has pedestrian skills. • Strives for independence. | <ul style="list-style-type: none"> • Has behaviours that create risk to self or others. |

Corbrook – Awakening Abilities

www.corbrook.com

416-245-5565

Scarborough – Markham & Hwy 401

North York – Dufferin & Finch W

Toronto South – Jane & Lawrence W

Staffing supports at 1 staff member for every 8 participants

Accessible for people with physical disabilities

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|--|--|--|
| <p>REVEL Our community-based supports offer opportunities for skill development and meaningful community involvement.</p> <p>Individuals accessing these supports are provided with a wide range of educational and engaging workshops to choose from, including: mindfulness and meditation, yoga, music, money management, cooking and nutrition, self-care skills, self-advocacy and activism, social emotional learning, and more.</p> <p>All workshops are offered in-person and online.</p> | <ul style="list-style-type: none"> • Has visual or hearing challenges. • Has dual diagnosis. • Is medically stable. • Can move independently through the facility. • Can provide/manage own transportation to and from the program. • Is independent in all personal care. | <ul style="list-style-type: none"> • Requires personal support with eating, toileting or transferring. • Has behaviors that create risk to self or others and/or does not work well in a group • Requires personal support with eating, toileting or transferring. • Has behaviors that create risk to self or others and/or does not work well in a group |

Corbrook – Awakening Abilities (Continued)

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|---|--|--|
| <p>Striving for Success is a pre-employment training program that allows participants to gain skills required to engage in volunteer opportunities and competitive employment.</p> <p>Individuals will participate in workshops including (but not limited to) teamwork, customer service, overcoming conflict, managing stress and anxiety at work, resume writing, and interview skills.</p> <p>Participants will also have the opportunity to practice skills taught in classroom through on the job training provided by Corbrook's Job Coaches.</p> | <ul style="list-style-type: none"> • Has employment/volunteer goals. • Has dual diagnosis. • Is medically stable. • Can move independently through the facility. • Can provide/manage own transportation to and from the program. • Is independent in all personal care. | <ul style="list-style-type: none"> • Requires personal support with eating, toileting or transferring. • Has behaviors that create risk to self or others and/or does not work well in a group • Requires personal support with eating, toileting or transferring. • Has behaviors that create risk to self or others and/or does not work well in a group |

CORE (Centre for Opportunities, Respect, and Empowerment)

www.core-toronto.ca

416-340-7929 x 303

Toronto South – King & Jameson

Staffing supports at 1 staff member for every 9 participants
Accessible for people with physical disabilities

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|---|--|---|
| <p>Our program is designed around the recognition, encouragement, and celebration of participants' strengths and positive qualities.</p> <p>Activities at CORE are initiated by the participants' individual goals. Groups, outings, and activities are individualized and responsive to the interests and needs of those attending the program, including adapted programs for older adults.</p> <p>CORE is equipped with a gym, apartment-style kitchen, industrial kitchen, computer lab, music and theatre room, and work areas for group and individual activities.</p> <p>CORE also offers an internal placement opportunity in an industrial kitchen for those with a goal of working in the food service industry.</p> | <ul style="list-style-type: none"> • Is 18+ with a developmental disability or dual diagnosis. • Wants to participate in social, recreational, and vocational activities as tools for reaching their own identified goals. | <ul style="list-style-type: none"> • Needs Personal Support Worker (PSW) type services (e.g., toileting, transferring, feeding, bathing, etc.). • Has behaviours that create a safety risk to self or others and require additional staff support to manage |

Frontier College

www.frontiercollege.ca

416-923-3591

Toronto South – Yonge & St. Clair

Staffing supports at 1 staff member for every 9 participants

Accessible for people with physical disabilities

2-year term

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|---|--|---|
| <p>The Independent Studies Program is a Literacy and Basic Skills program for adults 18 – 64 who have developmental disabilities.</p> <p>Participants must be able to work with a volunteer tutor from the community and in small groups.</p> <p>Participants must be interested in improving their reading, writing, math and communication skills.</p> <p>This is an academic program that supports participants with their literacy goals. Literacy instruction is guided by an instructor through themed curriculums.</p> <p>Participants are eligible for up to 2 years of programming.</p> | <ul style="list-style-type: none"> strictly academic adults 18+ has a developmental disability personally wants & motivated to gain literacy skills. eager to learn & improve reading, writing, math, numeracy, communication skills. able to participate in small class activities and discussions. has verbal communication skills able to be independent from guardian/parent during program time. work in class with a community volunteer on literacy activities. do homework as required. mandatory weekly attendance. can provide/manage own transportation to and from the program. is independent in all personal care needs. | <ul style="list-style-type: none"> Requires personal support with eating, toileting or transferring etc. Has outbursts and /or behaviours that create risk to self or others and/or does not work well in a group. Is specifically looking for social or recreational engagement |

Geneva Centre for Autism

www.autism.net
416-322-7877 x 272

Toronto South – Yonge & Davisville

Adult Day Support Program

Staffing supports at 1 staff member for every 1 or 3 participants
1:1 offered on Tuesdays & Thursdays
1:3 offered on Mondays, Wednesdays, & Fridays
Accessible for people with physical disabilities

Community Options Program

Staffing supports at 1 staff member for every 10 participants
Accessible for people with physical disabilities
2- or 3-year term

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|---|---|---|
| <p>Adult Day Support Program</p> <p>Our day support program supports participants with a wide range of social, communication and behavioural challenges to identify their strengths and talents, increase their independence, and leads to their active engagement in their community. Participants are supported to overcome challenges and develop independent living skills</p> | <p>Has a diagnosis of ASD</p> <p>Adult Day Support Program</p> <p>Age: 18-35</p> <p>Needs support with daily living (i.e., personal care, eating, medication) and close staff supervision</p> <p>1:1 group:</p> <p>High behavioural support needs and would benefit from a therapeutic environment and skill building</p> <p>Is able to engage in loud and busy environment</p> <p>1:3 group:</p> <p>Someone who can participate independently in a group setting (e.g., does not require direct intensive support to complete tasks) without engaging in high rates of maladaptive behaviour (e.g., unable to be easily redirected)</p> <p>Is able to engage in loud and busy environment</p> | <p>Adult Day Support Program</p> <p>1:1 group:</p> <p>Needs higher than 1:1 staff support</p> <p>1:3 group:</p> <p>Needs 1:1 staff support</p> |

Geneva Centre for Autism (continued)

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|---|--|--|
| <p>Community Options Program</p> <p>The program is a goal-focused transitional program that aids in providing support to individuals with Autism Spectrum Disorder to achieve their individualized goals.</p> <p>Individuals are connected with a Community Options Facilitator, who provides 1:1 coaching support, for approximately 1 hour a week, to assist the individual to reach their full potential.</p> | <p>Has a diagnosis of ASD</p> <p>Community Options Program</p> <ul style="list-style-type: none"> • Age: 18-40 • Wants to participate in vocational, social, and recreational activities as tools for reaching their own identified goals. • Demonstrates community independence skills. • Is independent in personal care. • Is interested in a transitional program (2-3 years in length). | <p>Community Options Program</p> <ul style="list-style-type: none"> • Needs support with toileting, personal care, medication administration, transferring or feeding. • Has behaviors that that may require ongoing 1:1 support and/or specialized behavioural interventions • Who has exhibited high risk behaviours that may cause harm to themselves or others |

Harmony Place

www.harmonyplace.on.ca

416- 510-3114

North York – DVP & Lawrence E

Staffing supports at 1 staff member for every 3 to 5 participants

(varies based on group)

Accessible for people with physical disabilities

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|--|---|---|
| <p>Harmony Place specializes in providing individually driven day programs that foster personal development and social inclusion for adults with developmental and/or complex needs with physical disabilities.</p> <p>Our programs focus in 5 key areas:</p> <ul style="list-style-type: none"> • Social/ Educational • Leisure/ Recreation • Health and Wellness • Life Skills Enhancement • Community Outings | <ul style="list-style-type: none"> • Is 18+ with a developmental and/or physical disability/and may also have high complex needs • Enjoys participating in a variety of group activities (e.g., arts and crafts, drama, education, health, and wellness). • Needs support with daily living (i.e., personal care, eating, g-tubes, & medication) | <ul style="list-style-type: none"> • Has behaviors that may require ongoing 1-1 support and/or specialized behaviour interventions • Does not work well in a group setting and/or loud crowded environments |

JVS

www.jvstoronto.org

416-787-1151

Toronto South – Dufferin & Eglinton W

Staffing supports at 1 staff member for every 10 participants
Not accessible for people with physical disabilities

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|---|---|---|
| <p>Youth Choices for Community Success (YCCS) is a pre-employment program designed to support participants interested in gaining pre-employment and vocational skills, with a goal to attain a volunteer placement.</p> <p>The program consists of four groups per week including pre-employment workshops, and group and individualized volunteer placement shifts. Participants volunteer at places such as food banks, homeless shelters, etc.</p> <p>Participants are supported by a staff team consisting of an Employment Counsellor and a Workforce Specialist/Job Coach, with experience and an understanding of mental health and developmental disability diagnosis.</p> | <ul style="list-style-type: none"> • Is 18 to 29 years of age and has a dual diagnosis of mental health and a developmental disability • Is not enrolled in full time school and is able to commit to attending a program four days a week • Has expressed a desire to volunteer and learn vocational skills but needs additional supports to attain and sustain these goals • May lack reading, writing or advanced social skills but is able to perform repetitive tasks independently • Is able/willing to use TTC independently • Is interested in a transitional program (1-2 years in length) | <ul style="list-style-type: none"> • Who has outbursts and complex behaviours that may require ongoing 1-1 support and/or specialized behavioural interventions • Who has exhibited high risk behaviours that may cause harm to themselves or others • Who requires assistance with personal hygiene, personal care, transfers/lifts, medication administration, feeding support • Wants a long-term program. |

JVS (Continued)

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|--|---|--|
| <p>Developing Work Connections (DWC) is a pre-employment program designed to support participants interested in learning vocational skills and wanting to attain a volunteer placement.</p> <p>Staff provide pre-employment support and skills building via group volunteer placements within the community.</p> <p>Structured programming includes social group, daily living skills and vocational learning.</p> <p>Monthly trips/community outings are scheduled. Travel orientation can be provided.</p> <p>In all JVS programs, participants are provided with an Individual Support Plan to develop and track pre-employment/vocational goals</p> | <ul style="list-style-type: none"> • Expresses desire & motivation to gain skills, including in vocational domain. • Demonstrates community independence skills. • Is independent in hygiene and self-care. • Can participate in a group. • Has potential for independent travel. • Has ability to maintain a volunteer placement with limited support of staff | <ul style="list-style-type: none"> • Experiences behavioural difficulties which could not be managed with this low staffing ratio and in an office setting. • Has complex medical needs requiring enhanced staffing training and expertise. • Has exhibited high risk behaviours that may cause harm to themselves or others. • Requires assistance with personal hygiene, transfers/lifts, feeding support. |

Reena partnering with JVS Developing Work Connections

www.reena.org

905-763-8254

Toronto South – Dufferin & Eglinton W

Staffing supports at 1 staff member for every 5 participants

Not accessible for people with physical disabilities

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|--|--|--|
| <p>REENA: Developing Work Connections (DWC) is a pre-employment program supported by two Direct Support Professionals.</p> <p>This is a collaborative program between JVS and Reena who share staffing responsibilities and offer expertise in their respective areas of training. Staff provide pre-employment support and skills building via group volunteer placements within the community.</p> <p>Structured programming includes social group, daily living skills and vocational learning. Monthly trips/community outings are scheduled. Travel orientation can be provided.</p> <p>Clients are provided with an Individual Support Plan to develop and track pre-employment/vocational goals.</p> | <ul style="list-style-type: none"> Expresses desire & motivation to gain skills, including in vocational domain. Demonstrates community independence skills. Is independent in hygiene and self-care. Can participate in a group. Has potential for independent travel. Has ability to maintain a volunteer placement with limited support of staff. | <ul style="list-style-type: none"> Experiences behavioural difficulties which could not be managed with this low staffing ratio and in an office setting. Has complex medical needs requiring enhanced staffing training and expertise. Has exhibited high risk behaviours that may cause harm to themselves or others. Requires assistance with personal hygiene, transfers/lifts, feeding support. |

Mary Centre

www.marycentre.com

416-630-5533 x 222

All locations across Toronto

Staffing supports at 1 staff member for every 1 participant
Accessible for people with physical disabilities
Community Based

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|--|--|---|
| <p>Integrated Seniors Program will take on a strong individualized approach, as the individual will choose a recreational and leisure activities based on their needs, interests, and skill level. This ensures that meaningful recreation and leisure programs are accessed.</p> <p>The program will</p> <ul style="list-style-type: none"> • Provide the individual with the opportunity to enhance, foster and develop an age-appropriate social network. • Provide enrichment opportunities and skill development to enable seniors to expand their choices for fulfilling daily activities. • Help the individual explore and identify his/her recreational and leisure interests and choose and participate in activities according to their desires. • To foster the integration of seniors with a developmental disability into existing community groups and programs so that they are able to enjoy meaningful participation in their communities. • Provides one half day/week of support | <ul style="list-style-type: none"> • Is 40 years of age or older and has a developmental disability • Can integrate into community activities with the general population (such as Seniors Centers). | <ul style="list-style-type: none"> • Has behaviours that may require ongoing 1:1 support and/or specialized behavioural interventions. |

Meta Centre

www.metacentre.ca

416-736-0199

Scarborough – Meadowvale & Kingston
North York – Dufferin & Finch W.

Staffing supports at 1 staff member for every 5 participants
Accessible for people with physical disabilities

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|---|--|--|
| <p>Community Participation Supports – Five distinct day programs across the GTA focus on enhancing quality of life through recreation and leisure, life skills, community inclusion, sensory development, and employment.</p> <p>Monday to Friday – 9 a.m. to 3 p.m.</p> | <ul style="list-style-type: none"> • Wants to participate in social and recreational activities • Would like to work on goals and skills to become more independent • Work on employment skills • Requires minimal support with behaviours that challenge and hygiene • Individualized plans and supports can be provided • Individualized/Person-Centered | <ul style="list-style-type: none"> • Not applicable. Meta will review challenges and ensure success of all applicants |

Pegasus Community Project

www.pegasustoronto.ca

416-691-6835

Toronto South – Pape & Gerrard
Toronto South – Greenwood & Queen E
Toronto South – Woodbine & Queen E
Toronto South – Main & Gerrard

Staffing supports at 1 staff member for every 2-3 participants
Rotating system of 1:1 time to accommodate goals
Accessible for people with physical disabilities

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|---|---|--|
| <p>Pegasus takes full advantage of Toronto resources to design a full and varied day which meets the needs and interests of each individual participant.</p> <p>Adults with developmental and/or physical disabilities are given the opportunity and support to grow and develop as citizens of their community while attending a program located in a community recreation centre.</p> | <ul style="list-style-type: none"> • Is 21 years of age or older. • Interested in actively exploring the possibilities for skills development, citizenship, as well as emotional and physical health. • Enjoys interacting in a small group setting. | <ul style="list-style-type: none"> • Is aggressive toward themselves or others. |

Salvation Army

www.salvationarmy.ca

416-285-4373 x 2

Scarborough – Meadowvale & Ellesmere

North York –DVP & Lawrence E

Toronto South – Pape & Mortimer

Staffing supports at 1 staff member for every 4 participants

Not accessible for people with physical disabilities

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|--|--|--|
| <p>The Salvation Army Broadview Village includes the Enrichment Program, and the Community Engagement and Pre-Employment Program. Our programs include Individual Support Plans using the Outcomes Star tool to support individuals in developing SMART Goals and for assessing outcome measures.</p> <p><u>The Broadview Village Enrichment Program (BVEP):</u> The Arts (crafts, music, physical fitness) are a big component of Broadview Village Enrichment Program (BVEP) and includes a schedule of activities and themes for the month. Participants engage in activities to develop fine motor skills, teamwork, gross motor skills, and social skills. Some highlights: delivering meals on wheels; basketball, beading and weaving, and Spiritual care. This is a faith-based program.</p> <p>There are on-going opportunities to develop social, communication and life skills.</p> <p>BVEP also supports Community Participation Supports that are individualized. The program also partners with the PLUS program to offer pre-vocational and vocational opportunities.</p> | <ul style="list-style-type: none"> • Is 18 years of age or older with a developmental disability who is able to work in a group setting. • Is willing to participate/engage in program activities and work independently. • Is independent in personal care. • Can travel by TTC (independently or supported). | <ul style="list-style-type: none"> • Someone who cannot weight bear |

Salvation Army (continued)

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|--|--|--|
| <p><u>Community Engagement and Pre-Employment Program (CEPE)</u>, previously known as Booth Packaging and Support Services (BPSS), the CEPE program provides individuals opportunities to develop Life Skills, Social Skills, Community Participation Networks and Supports, Employment Job Readiness Skills. The program also offers a leadership program that highlights three stages: Grow, Glow and Shine. Individuals who have successfully completed the program and transfer their leadership skills into employable skills and participate in the Pre-employment program.</p> <p>Life Skills and Social Skills classes:</p> <ul style="list-style-type: none"> • Anger Solution • Bible Study • Budget • Gardening • Healthy Living • Healthy Mind • Mind over Mood • Mindfulness • Stress Management • Program offers free haircuts and manicures <p>Community Participation:</p> <ul style="list-style-type: none"> • Arts and Crafts • Computer classes • Signed English • Volunteer work • Yoga Class <p>Job Readiness Classes:</p> <ul style="list-style-type: none"> • Developing Soft skills • Resume Building • Interview Preparation | <ul style="list-style-type: none"> • Is 18 years of age or older with a developmental disability who is able to work in a group setting. • Is willing to participate/engage in program activities and work independently. • Is independent in personal care. • Can travel by TTC (independently or supported). | <ul style="list-style-type: none"> • Someone who cannot weight bear |

Springboard Services – SOAR Program
SEEKING OPPORTUNITIES ACCESSING RESOURCES

www.springboardservices.ca/developmental-services

416-913-1301

Scarborough – Midland & Lawrence E

Staffing supports at 1 staff member for every 12 participants
Accessible for people with physical disabilities

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|--|--|--|
| <p>SOAR offers support/training within a classroom and community experiential setting. SOAR also offers programming that teaches individuals how to balance a life within their communities.</p> <p>Services/training provided includes: case management, vocational planning and placement, job coaching, budgeting, computer training, community exploration, TTC training, nutrition, socialization and interpersonal skill development, recreation therapy (i.e., art, dancing, and music), health etc.</p> | <ul style="list-style-type: none"> Is able to function independently or with minimal support and redirection within a classroom-like setting and in community Is able to provide self-care and able to learn skills needed to complete vocational tasks independently. Wants a transitional program for a maximum of 4 years in length. | <ul style="list-style-type: none"> Has behaviors that create risk to self or others and/or does not work well in a group Has outstanding or unresolved criminal charges. |

Vita Community Services

www.vitacsl.org

416-749-6234

North York – Keele & 401

North York – Dufferin & Glencairn

Staffing supports at 1 staff member for every 5 participants

Accessible for people with physical disabilities

| Description of Services | The service is <u>right</u> for someone who... | The service is <u>not right</u> for someone who... |
|---|--|--|
| <p>The Manuela Dalla Nora Program and the Casa Abruzzo Day Program provide opportunities for community integration and life skills training. Individuals will have the opportunity to participate in programming which includes Skill Building, Therapeutic, Recreation & Leisure activities such as cooking, baking, (removed academics) drama, music, and community-based recreation options.</p> <p>Some programs offer job training through volunteering at local service providers and businesses. Our programs are suitable to all skill levels and interests.</p> | <ul style="list-style-type: none"> • Is goal oriented. • Enjoys taking part in various activities within a large setting and group. • Is able to direct their own care. | <ul style="list-style-type: none"> • Has behaviors that create risk to self or others and/or does not work well in a group • Requires mobility supports. |

Service Types

Academics

Opportunities to acquire formal education through partnerships with education institutions and DSO agencies.

Employment /Volunteer Preparation

Prepares individuals for competitive employment and/or volunteer work which could include exploring attitudes towards work, skill building in the area of work ethics, job related social skills, job finding, resume writing, and job coaching.

Skill Building

Opportunities to develop and practice independence skills in order to increase community participation. Services could include activities of daily living (hygiene, safety skills, cooking and use of public transportation) as well as opportunities to work on literacy and academic activities which may include assistance with reading, writing & money management.

Therapeutic, Recreation & Leisure

Setting where therapeutic techniques (i.e., art, movement, music, and drama) are used to assist with self-awareness and emotional/personal growth; settings where recreational activities are offered (i.e., organized sports, fitness) or settings with leisure activities (i.e., book club & art activities)

| | | Support Types | | | | Location | | | | Support ratio | | | Accessible for Mobility |
|---|------------------------|---------------|------------------------|----------------|----------------------------------|----------|-------|-------|------|---------------|-----------------|--------------|-------------------------|
| | | Academics | Employment / Volunteer | Skill Building | Therapeutic Recreation & Leisure | East | North | South | West | 1:3 or higher | 1:4 through 1:8 | 1:9 or lower | |
| Addus (Page 2) | Orchardview | • | • | • | • | | | • | | • | | | |
| | Fairlawn | • | • | • | • | | • | | | | • | | |
| | Windermere | • | • | • | • | | | | • | | • | | |
| Aptus (Page 3) | | | | • | • | | • | | | • | | | • |
| Bob Rumball Canadian Centre of Excellence for the Deaf (Page 4) | | | • | • | • | | • | | | | • | | • |
| Christian Horizons (Page 5) | | • | • | • | • | | | | • | | • | | • |
| Common Ground Cooperative (Page 6) | | | • | | | | | • | | | • | | |
| CLT (Page 7) | ADP (Page 8) | | • | • | • | • | • | • | • | | • | | • |
| | Eppleworth (Page 9) | | • | • | • | • | | | | | • | | |
| | Gooderham (Page 9) | | | • | • | • | | | | • | | | • |
| | IOPEN (Page 10) | • | • | | • | • | • | • | • | | | • | • |
| | Y2W (Page 10) | | • | | | • | • | • | • | | | • | • |
| Corbrook (Page 11, 12) | | | • | • | • | • | • | • | | | | • | • |
| CORE (Page 13) | | | • | • | • | | | • | | | | • | • |

| | | Support Types | | | | Location | | | | Support ratio | | | Accessible for Mobility |
|----------------------------|-----------------------------|---------------|------------------------|----------------|----------------------------------|----------|-------|-------|------|---------------|-----------------|--------------|-------------------------|
| | | Academics | Employment / Volunteer | Skill Building | Therapeutic Recreation & Leisure | East | North | South | West | 1:3 or higher | 1:4 through 1:8 | 1:9 or lower | |
| Frontier College (Page 14) | | • | | • | | | | • | | | | • | • |
| Geneva Centre (Page 15) | DSP (Page 15) | | | • | • | | | • | | • | | | • |
| | Options (Page 16) | • | • | • | • | • | • | • | • | | | • | • |
| Harmony Place (Page 17) | | • | | • | • | | • | | | • | • | | • |
| JVS (Page 18) | DWC (Page 18) | | • | | | | | • | | | | • | |
| | YCCS (Page 19) | | • | | | | | • | | | | • | |
| | JVS Reena (Page 20) | | • | | | | | • | | | • | | |
| Mary Centre (Page 21) | | | | • | • | • | • | • | • | | • | | • |
| Meta (Page 22) | | | • | • | • | • | • | | | | • | | • |
| Pegasus (Page 23) | | | • | • | • | | | • | | • | | | • |
| Salvation Army (Page 24) | Broadview Village (Page 24) | • | • | • | • | • | • | | | | • | | |
| | CEPE (Page 25) | | • | • | | | | • | | | • | | |
| Springboard SOAR (Page 26) | | | • | | | • | | | | | | • | • |
| Vita (Page 27) | | | | • | • | | • | | | | • | | • |