

QUEER & CONNECTED

DKS LBTT2SQQIA+ & HIV/AIDS Counselling Services Online support groups starting March 2022

Are you an **2SLGBQ+**-identified youth, age 16-29 experiencing social isolation?

Are you interested in growing a healthy, thriving network of peer support and mentorship?

Queer and Connected is a unique health promotion program that provides opportunities for youth to build healthy peer relationships in peer/mentor-led spaces. In our workshops, you:

- Discuss Boundaries, Conflict Management, Self-Care, and Community Care, Emotional Regulation, building healthy friendships, healthy sex and safe sex practices;
- Increase awareness of LGBTQ2S+ positive, culturally-competent, trauma-informed services and resources
- Access support from LGBTQ2S+ peers and mentors;
- Grow a healthy, thriving network of peer support and mentorship

Queer and Connected 2 Spirit, Lesbian, Gay, Bisexual, Queer (2SLGBQ)* Support Group**

Online peer-facilitated support group for 2SLGBQ+ -identified youth, ages 16 - 29

When: ongoing, every other Wednesday, 6 - 8 p.m. on Zoom

Location: Virtually on Zoom. A link will be provided to all participants in advance of meetings.

Cost: Free

Support Groups Information / Registration

familyservicetoronto.org/our-services/programs-and-services/queerandconnected

For more information and registration connect with:

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[instagram.com/queerandconnected](https://www.instagram.com/queerandconnected)



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