



FAMILY SERVICE TORONTO
For People. For Change.

Counsellor

POSITION DETAILS

Counsellor

Program:

Counselling Service – Mental Health and Gender Based Violence

Contract:

Permanent Full-Time; 35 hours per week

Location:

LAMP Community Health Centre (185 Fifth St, Etobicoke) and the possibility of other FST sites and/or from a safe, home-based office as required.

Salary:

\$56,691 - \$69,826 Grade 8 BU

Application Deadline:

January 26, 2024 5:00 PM

File Number:

COU #02-24 - with cover letter and resume

E-Mail:

hrdep@familyservicetoronto.org

Mail:

HR, 355 Church Street, Toronto ON M5B 0B2

Web:

familyservicetoronto.org

Grow with us!

Family Service Toronto (FST) helps people face a wide variety of life challenges. For over 100 years, we have worked with individuals and families destabilized by precarious mental health and/or socioeconomic circumstances, and/or developmental disabilities, to achieve greater resilience and stability in more just and supportive communities. We achieve this through our direct service work of intervention and prevention which includes, case management, counselling, peer support and education; knowledge building; and system-level work including social action, advocacy, community-building and working with partners to strengthen the sector.

We're proud of our people and culture! We are constantly evolving what we do and how we do it. Our work is grounded in the lived experience of the clients and the community. We celebrate

diversity, equity, inclusion, and excellence. We are agile, learning and always willing to try new things.

The Opportunity!

FST Counselling Service provides trauma informed and trauma specific counselling services along with group-based supports to a diverse range of people facing a variety of issues. The counsellor will be part of an outstanding team using a range of therapeutic modalities, participating in clinical consultations and a shared commitment to professional development.

This position is mainly based at LAMP, a Community Health Centre, in which FST has a satellite office. Services are offered to clients across Toronto, South Etobicoke and to patients of LAMP.

Ready to make that move? Here's what's in it for you:

- Thrive in trust-based culture and have fun, working with an amazing, diverse group of driven, talented people.
- Be part of a workplace incorporating trauma informed care into all aspects of service delivery, building on the principles of knowledge-building and resiliency.
- Get on-the-job training and development.
- Make a significant impact on our clients and community.
- This full-time permanent position offers flexibility, generous paid leave and comes with an attractive compensation and benefits package.

What we are looking for:

Counselling expertise:

- Provide culturally competent, trauma informed and evidence-based counselling for individuals and couples.
- Provide trauma therapy for survivors of sexual abuse.
- Experience with short term and medium-term therapy models.
- Provide services to clients from diverse ethno-cultural communities, diverse sexual orientation, and gender identities, and to clients who are marginalized by a range of systemic issues.
- Experience and/or knowledge of working with people facing an array of challenges, including mental and physical health issues, impacts of trauma, relationship issues, and developmental disabilities.
- Provide professional clinical assessments, case notes and reports in a timely manner using an electronic client database.

Qualifications

- M.S.W., M.A. or M.Ed., or B.S.W combined with relevant experience. Foreign credentials are valued.
- **Applicants must be registered and in good standing with the College of Social Workers and Social Service Workers or the College of Registered Psychotherapists of Ontario.**
- Minimum of three years of clinical experience.

- Demonstrated clinical training, experience, and competence in integrating at least two clinical modalities into practice (e.g., CBT, DBT, EFT, Mindfulness, EMDR, Sensorimotor Psychotherapy, Solution Focused Therapy, Narrative Therapy).
- Demonstrated commitment to, and understanding of the principles of social justice, cultural competency and equity and inclusion.
- Current knowledge of best practices in mental health (e.g., crisis de-escalation, suicide prevention, harm reduction, child abuse, and gender-based violence).
- Ability to provide counselling in a second language, such as Ukrainian, Spanish, and other languages is a strong asset.
- Strong written and verbal communication skills.

Interested?

Please indicate file number **COU #02-24** on your application and submit cover letter and resume by **January 26, 2024, 5:00 PM** to hrdep@familyservicetoronto.org.

Our goal is to attract, develop, and retain highly talented employees from diverse backgrounds allowing us to benefit from a wide variety of experiences and perspectives.

We actively encourage applicants from all equity seeking groups. First Nations, Inuit, Métis, Black and People of Colour, people with disabilities, people of diverse gender expression, members of 2SLGBTQI+ communities and people with lived experience of poverty are encouraged to apply.

In accordance with Ontario Human Rights Code, Accessibility for Ontarians with Disabilities Act, 2005, and FST's Equity and Inclusion policy, accommodation will be provided in all parts of the hiring process. Applicants need to make their needs known in advance.

We thank all applicants and will contact the individuals selected for an interview.