



## Student Counsellor – Seniors and Caregivers Support Service (SCSS) – Spanish-Speaking (1 position) – Fall/Winter 2024-2024

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### Program Summary

The Seniors and Caregivers Support Service (SCSS) program at Family Service Toronto provides support and counselling services to older people and caregivers. Our work includes counselling, group work, advocacy, training and educational sessions on a variety of topics such as aging and memory loss, anger and guilt, how to access community resources, abuse of older adults, etc.

Services offered to seniors and people 50+ with a disability. These services are delivered both in-office and via home visits. Currently we work remotely using telephone and electronic platforms.

### Position Summary

To provide counselling and psychotherapy support services to seniors and caregivers around a variety of issues from bereavement to anxiety and depression and loss. Students are offered a wide variety of experiences, including:

- Opportunity to gain clinical experience, skills and knowledge in counselling work with seniors and caregivers, using a variety of modalities and therapeutic interventions.
- Learn skills for group-based programs – invited to co-facilitate groups and to work on presentation skills
- Opportunity to develop knowledge of community resources and clinical resource materials

### Core Responsibilities

- Offer brief and longer-term counselling services, including conducting initial assessments and regular counselling sessions, providing information and referrals and facilitating service termination with clients; this also includes group programming
- Complete clinical documentation including assessment summaries, session notes, closing summaries and communication records, in a timely manner, using a computer database program



- Attend and support clinical groups (option to attend evening groups depending on your interest level and availability)
- Work collaboratively with other members of the clinical team, including staff, students and volunteers through informal case consultation and attending monthly clinical team meetings
- Meet regularly with clinical supervisor to review clinical work and pursue learning goals, attend student orientation sessions and complete relevant reading or view training videos as required

## Qualifications

### **Students must possess:**

- **Fluency in English (oral and written) and Spanish (oral)**
- Advanced graduate level student enrolled in one of the following: 2<sup>nd</sup> year MSW, MA Counselling Psychology, M.Ed. Counselling Psychology, M.Psy. Counselling, or Bridging Program for Internationally trained Social Workers and/or Mental Health Professionals (BREM)
- Previous experience with counselling and/or social service work
- An interest in working with seniors and caregivers
- Ability to maintain boundaries with clients and provide time-limited counselling services
- Demonstrated understanding of anti-oppression and commitment to equity, inclusion and cultural competence

### **Skills that would be an asset:**

- Some clinical knowledge and skills in at least one counselling modality, interventions or other practice-based clinical interventions
- Some clinical knowledge and experience working with seniors and gerontology
- Familiarity with the community service system
- Familiarity with the Inter RAI-CHA assessments

**FST conducts Criminal Record and Vulnerable Sector Checks for successful applicants for this position.**



## Time Commitment

- Fall 24/Winter 25
- 2-3 days/week,
- September start date (or as determined by school requirements)

## Location

- Locations:
  - o 128 Sterling St, Toronto, Canada M6R 2B7 and 355 Church St, Toronto M5B 0B2
  - o LAMP (185 Fifth St, Etobicoke ON M8V 2Z5 )
  - o Remotely – A safe home office

## Additional Information:

Level of Risk: High (opportunity to be alone with or exert influence over vulnerable people)

**FST is committed to a policy of equity and inclusion. In accordance with the Ontario Human Rights Code, Accessibility for Ontarians with Disabilities Act, 2005 and FST's Access and Equity policy, accommodation will be provided in all parts of the recruitment process. Applicants need to make their needs known in advance.**

**We thank all applicants and will contact the individuals selected for an interview.**