

KNOW YOUR RIGHTS:

INCREASING YOUR UNDERSTANDING OF FAMILY LAW

Learn about family law & how to navigate the justice system.

A 4-week workshop series for women-identified survivors of trauma and/or gender-based violence offered by the METRAC and the Violence Against Women Program at Family Service Toronto. This webinar is suitable for those who are interested in understanding and gaining family law knowledge.

DATES & TOPICS

Thursdays | 12:00 - 1:00 p.m.

January 15, 2026

Understanding What the Law Says about Family Violence

January 22, 2026

Understanding the Role of Police in Family Law and Domestic Violence Cases

February 5, 2026

Technology-Facilitated Gender-Based Violence

February 12, 2026

Family Court: Proving Abuse and Tips When Leaving an Abusive Relationship

LOCATION

Zoom Webinar

COST

This workshop series is free.

REGISTRATION

No screening is required. Call Family Service Toronto Service Access Unit



416.595.9618

