



IS HIV/AIDS AFFECTING YOUR LIFE? WE CAN HELP.

OUR SERVICES

David Kelley Services at Family Service Toronto provides free, confidential, professional time-limited individual and couple counselling to people 16+ living with, affected by and/or at-risk of HIV/AIDS. Referrals and support groups may also be offered.

INFORMATION

To find out more about our counselling services or to make an appointment, please call our Service Access Unit at



416.595.9618

sau@familyservicetoronto.org

For more information and resources visit our website at:

www.FamilyServiceToronto.org



David Kelley Services
Family Service Toronto
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Toronto, ON M5B 0B2



HIV/AIDS can affect mental health, relationships, identity, safety, and daily life. Challenges in these areas can be further impacted by racism, homophobia, transphobia, poverty, ableism, immigration stress, gender-based violence, and other forms of systemic oppression.

These realities matter. They deserve to be understood, processed and supported in ways that honour your strength, resilience, and lived experience.





DAVID KELLEY SERVICES

We are inspired by the many varied contributions of the late David Kelley – a vibrant individual, social worker, activist and advocate for gay men, lesbians, youth and people living with HIV/AIDS. David was one of the founders of the Toronto Counselling Centre for Lesbians and Gays (TCCLG), which merged with FST in 1996 to create the David Kelley Services.

At Family Service Toronto, we're passionate about helping people. We are one of Toronto's oldest non-profit social service agencies, serving more than 12,000 individuals and families in need each year and advocating for people who are marginalized. Our solution-focused services help to strengthen families and individuals, and build healthier communities for everyone.

Our services are available to anyone living or working in Toronto, regardless of race, ancestry, place of origin, colour, ethnic origin, citizenship, creed, sex, sexual orientation, gender identity, age, disability, level of literacy, marital or family status, income or political affiliation.

OUR APPROACH

Our counselling is holistic and client-led, meaning we begin with what matters most to you. We view mental health within the full context of your life, lived experiences, and sense of safety. We aim to offer a space that is trauma-informed, 2SLGBTQIA+ affirming, neuro-affirming, culturally responsive, accessible, and inclusive.

You do not need a specific problem or label to access support. Our work is grounded in dignity, respect, and anti-oppressive practice, acknowledging how systems of power and inequality affect people differently.

Counselling may explore challenges including, but not limited to: mental health, trauma, safety, identity, grief, isolation, discrimination, relationships, sex, HIV status and impact, substance use, expanding coping strategies, and self-care.

